

## Food for Thought

**Sometimes, the words of those around us break through our self-absorption (and self-pity) to speak a new truth into our hearts. See if any of these comments brings you new insight or perspective on your attitude toward infertility.**

“We have been taught to believe that negative equals realistic and positive equals unrealistic”  
-Susan Jeffers

“Learn to get in touch with the silence within yourself and know that everything in this life has a purpose”  
-Elisabeth Kubler-Ross

“Whatever God’s dream about us may be, it seems certain it cannot come true unless we cooperate”  
-Stella Terrill Mann

“Slow down and enjoy life. It’s not only the scenery you miss by going too fast—you also miss the sense of where you are going and why.”  
-Eddie Cantor

“To believe in God or in a guiding force because someone tell you to is the height of stupidity. It is intended that we understand. But each person must puzzle it out for himself or herself.”  
-Sophy Burnham

“Think of yourself as an incandescent power, illuminated and perhaps forever talked to by God and his messengers.”  
-Brenda Ueland

“The events in our lives happen in a sequence in time, but in their significance to ourselves, they find their own order... the continuous thread of revelation.”  
-Eudora Welty

“Every blade of grass has its Angel that bends over it and whispers, ‘Grow, grow.’”  
-The Talmud

“God must become an activity in our consciousness.”  
-Joel S. Goldsmith

“Why indeed must God be a noun? Why not a verb... the most active and dynamic of all?”  
-Mary Daly, theologian

“I myself do nothing. The Holy Spirit accomplishes all through me.”  
-William Blake

“Truly, it is in the darkness that one finds the light; so when we are in sorrow, then this light is nearest of all to us.”  
-Meister Eckhart

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“The universe will reward you for taking risks on its behalf.”  
-Shakti Gawain

“When a man takes one step toward God, God takes more steps toward that man than there are sands in the worlds of time.”  
-The Work of the Chariot

“Desire, ask, believe, receive.”  
-Stella Terrill Mann

“What doesn't kill me makes me stronger.”  
-Albert Camus

“All you need to do to receive guidance is to ask for it, and then listen.”  
-Sanaya Roman

“To suffering there is a limit; to fearing, none”  
- Francis Bacon

“Expect your every need to be met, expect the answers to every problem, expect abundance on every level, expect to grow spiritually.”  
-Eileen Caddy

“Look and you will find it. What is unsought will go undetected.”  
-Sophocles

“Often people attempt to live their lives backwards: they try to have more things, or more money, in order to do more of what they want, so that they will be happier. The way it actually works is the reverse. You must first be who you really are, then do what you need to do, in order to have what you want.”  
-Margaret Young

“There is the risk you cannot afford to take, [and] there is the risk you cannot afford not to take.”  
-Peter Drucker

“Explore daily the will of God.”  
-C.G. Jung

“True life is lived when tiny changes occur.”  
-Leo Tolstoy

“Imagination is more important than knowledge.”  
-Albert Einstein

“Your desire is your prayer. Picture the fulfillment of your desire and feel its reality and you will experience the joy of the answered prayer.”  
-Dr. Joseph Murphy